



Starter Pack

Rappelling

Static Rope



- 9-11 mm
- 60-70 meters
- NOT stretchy – can't be used for rock climbing

Brands: Blue Water, Singing Rock, Sterling

<https://adventuregenesis.com/best-rope-rappelling/>

Harnesses



- padded waist and legs
- gear loops
- automatic "double-back" buckle
- chalk bag loop at back

Brands: Petzl, Black Diamond, Singing Rock, REI

<https://www.gearx.com/blog/knowledge/climbing/how-to-choose-a-climbing-harness/>

Locking Carabiner / Slings



- 1 (with rappel device)
- 4 (for anchors with slings or webbing)
- slings 60-120 cm or
- webbing 10 ft sections

Brands: Petzl, Camp, DMM, Edelrid

<https://www.outdoorgearlab.com/topics/climbing/best-locking-carabiner>

Rappelling Devices



ATC-XP

Figure 8

ATS

- ATC-XP – ridges for more friction, can single-rope rappel, no lock off options
- Figure 8 – basic rappel device, no lock off options
- ATS - works like an 8, lock off options, can add friction

Brands: ATC XP/Figure 8 Black Diamond, ATS Sterling



Helmet

- Snug fit around head and easy adjustment
- Easy chin strap adjustments

Brands: Petzl, Black Diamond, Mammut

<https://www.outdoorgearlab.com/topics/climbing/best-climbing-helmet>