



Starter Pack

Paddleboarding

Paddleboard (SUP)



- **Solid** – heavier, harder to transport, don't have to inflate
- **Inflatable** – lightweight, easier to transport, takes time to inflate
- Stable, maneuverable
- Handles
- Storage bungee
- Safety strap attachment

Brands: Bluefin, Hala, Bote

<https://www.outdoorgearlab.com/topics/paddling/best-inflatable-sup>

Paddle



- Lightweight
- Adjustable shaft for height
- Height – stand with hand above head and measure at bend of wrist

Brands: Aqua, Werner

<https://www.outdoorgearlab.com/topics/paddling/best-sup-paddle>

Life Jacket (PFD)



- Tapered front
- Multiple side straps for adjustment
- Pockets
- Rent with paddleboard

Brands: Astral, Kakatat

<https://www.outdoorgearlab.com/topics/paddling/best-pfd>