



Starter Pack

Cross Country Skiing

Cross Country Skiis



- Longer than downhill skiis
- Classic/Touring – great for beginners
- Skate – more cardio, uphill, groomed trails
- Backcountry – shorter, better for deep snow
- Beginners need more flexible skiis
- Waxless easier for beginners; Wax more versatile

Brands: Rossignol, Fischer, Salomon, Atomic

<https://theskigirl.com/best-cross-country-skiis/>



Boots

- Classic/Touring – mobility/flexibility are important; cover up laces; rings for gaiters to attach
- Skate – lighter, lower ankles
- Backcountry – stiff, higher ankles, beefier
- Make sure boots and ski bindings match

Brands: Rossignol, Salomon, Fischer, Alpina

<https://www.theadventurejunkies.com/best-cross-country-ski-boots/>

Poles



- Longer and lighter than downhill ski poles
- Classic – reach your armpits
- Skate – up to nose or lips
- Adjustable hand straps

Brands: Fischer, Rossignol, Winget

<https://theskigirl.com/best-cross-country-ski-poles/>