



Starter Pack

Kayaking

Kayak



- SOT (sit on top)
– easier for beginners and kids
- SIS (sit in side – sea, river)
- Inflatable
 - BYU Outdoor (inflatable, sea, river)
 - UVU Outdoors Unlimited (inflatable, sea, river, SOT)
 - U of U Outdoor Adventures (inflatable, sea, river, SOT)

Brands: Perception, Dagger

<https://www.tripsavvy.com/best-recreational-kayaks-4178419>

Life Jacket (PFD)



- Tapered front
- Multiple side straps for adjustment
- Pockets
- Rent with kayak

Brands: Astral, NRS

<https://www.outdoorgearlab.com/topics/paddling/best-pfd>

Throw Bag



- Bright color
- Foam insert
- 50-75 ft

Tow Rope



- To tow other kayakers or swimmers

Brands: NRS, Level Six, Huck

<https://paddlingmag.com/gear/best-throw-and-tow-bags/>

Paddles



- Carbon or fiberglass shaft
- Adjustable shaft
- Rent with kayak

Brands: Werner

<https://www.outdoorgearlab.com/to-pics/paddling/best-kayak-paddle>